

THE **MAGIC** OF LIVING FOREVER

Life's Energy Fields
Vol. VI of a Series



Other Volumes in this Series

Vol. I From SEANCE to SCIENCE (England)
From ENIGMA to SCIENCE (USA)

Vol. II Healers and the Healing Process

Vol. III After We Die, What Then?

Vol. IV As We See It From Here

Vol. V Collapse and Comeback

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... combining the best insights of esoteric and
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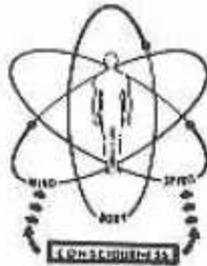
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**THIS MATERIAL DOES NOT ATTEMPT TO PREACH ANY NEW
GOSPEL, DOGMA, CREED, RELIGION OR "ISM."
IT DOES NOT ATTEMPT TO CONVERT YOU TO THE CONCEPTS
PRESENTED. IF ANY PORTIONS RING TRUE TO YOUR "STILL
SMALL INNER VOICE," FINE. IF NOT, REJECT THEM!**



Here starts Part # 1: including page 4

THE MAGIC OF LIVING FOREVER

Adapted from an illustrated talk
by
George W. Meek
Director of Research, Metascience Foundation, Inc.

In the last 25 years we have learned more about the life we will be living *after* we shed our physical body, than was known in all the earlier periods of recorded history!



Thank you for giving me the opportunity to share with you the facts I found during my own 12 years of full-time world-wide research into the basic nature of man, and the prospect of future existence. Each of us is traveling a road that has a funeral at the end. We cannot help shying away from the very thought of what must come unless we have *satisfying answers* to such questions as:

Is death *really* the end?
After doing my best to struggle through this life am I blotted out forever, as the materialists say?
Do I lose my personal identity and become some formless non-entity, absorbed in the great unconscious?
Can I believe the Biblical promises and accumulated lore about life after death?
Is there any *truth* about purgatory-about hell with fire and brimstone?
Why hasn't my minister, priest or rabbi answered such questions for me?

Even our little friend Snoopy has some of these questions.
.



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When you finish this booklet, you should have better answers to such questions than Snoopy does. I am going to take you behind the curtains on the stage of life and show you some of the tricks of magic by which the Master Magician, our Creator, has made it possible for you to live forever.

We are all familiar with the seeming magic depicted in this drawing where a wet squishy caterpillar spins himself a burial robe and later emerges into a new world as a beautiful, colorful and vibrantly alive butterfly. This sounds like sheer magic, and is, but I assure you, that in creating you, the Master Magician has perfected his "tricks" still more. In *your* case, you will shed your wet squishy body and, eliminating the step shown here as the chrysalis, emerge *immediately* into a new world with your mind, your memory banks and your personality intact.



Stage magic depends largely upon diversion of attention so if you are going to understand the magic of living forever, you must refrain from allowing your attention in this case, to be diverted to your physical body.

Admittedly, the physical body *is* a marvelous creation. Thousands of medical re-searchers over the centuries have spent lifetimes trying to unravel its mysteries. But you must not think of yourself as a *body* with a soul, but rather as a *soul* temporarily occupying a physical body.



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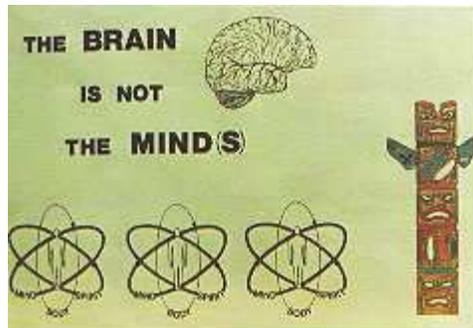


Earlier I compared your body with the wet squishy body of a caterpillar. Let me explain this a bit further. You were born into a sea of slightly salty water, fastened to your mother by the cord you see here. In an almost magical way you will acquire another cord, as I will explain later.



As you grew up, you continued to be composed largely of water. The young lady in this photo is probably unaware that at least 60% of her bodily weight is water, and that it would take about 9 gallon jugs to contain that water. She is probably unaware of the fact that her brain is at least 80% water. Thus, if it weighs 30 ounces, 24 ounces of the brain weight is nothing but water!

What kind of magic is going on here?



Well the brain is *not* the mind (s). Note that I use the plural. Sigmund Freud was not the first to suggest multiple levels of the mind. The Polynesians clearly understood that, in essence, Man had three levels of mind or consciousness. They called the levels: the lower self, middle self and higher self. The American Indians also clearly understood and used the concept of healing and embodied it in their totem poles as the

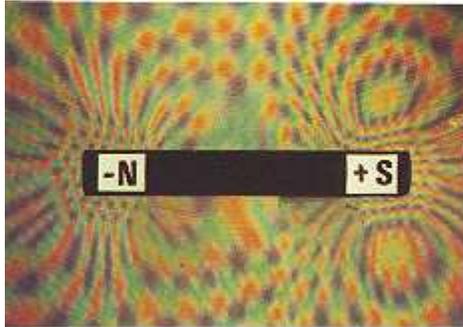
Cherokee Indian one shown here. Moreover, they clearly understood that the higher self survived the death of the physical body. They symbolized this by putting wings on the higher self.

To become familiar with the true magic of the minds, you must know about the concept of "energy fields," which are represented by the three small diagrams across the bottom of this photo. The concept is crucial if you are to understand how it is that you are going to live forever. The next eight photos help explain the concept of energy fields.

THE **MAGIC** OF LIVING FOREVER

Part # 2 of 5

(each about 130 KB in size)



I made this photograph in a laboratory in Puerto Rico. A bar magnet is held by a piece of cellophane tape in front of a TV tube. By this technique I made visible to the eye, the *energy fields* which surround the magnet. Note that the energy at one end of the magnet differs from that at the other end.

Perhaps in high school physics you performed a somewhat less sophisticated experiment by watching the movement of iron filings on top of a piece of paper when you placed a magnet below the paper. The energy field of the magnet moved the small pieces of iron and arranged them in a definite pattern. Such a magnetic energy field is actually three-dimensional.

It can penetrate *blood, flesh, and bone* as shown in this photo. A small but powerful electro- magnet has picked up *thousands* of pieces of iron filings and arranged them in these lines of force extending above my hand. This *invisible* force is so strong it overcomes the force of gravity! The photo is evidence that an invisible energy field can "organize" or cause assembly of physical matter.



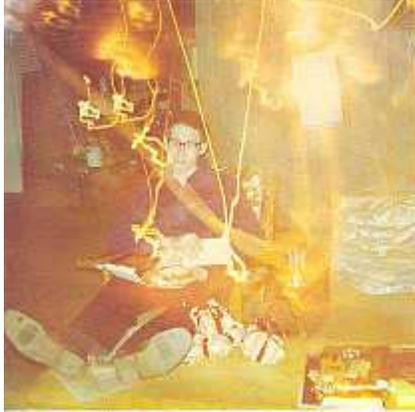
This photograph taken in the laboratory of my good friend, Prof. Dennis Milner of the University of Birmingham in England, shows the energy fields around a compass needle (which is a piece of magnetized steel) and a plant leaf.

Notice that the patterns



along the edges of the two ends differ from each other as do the fields around the north and south poles of the bar magnet in front of the TV tube. Notice that the white band which is the energy field of the leaf, extends completely around the leaf. Hence, the leaf's normally invisible energy pattern has been pulled closer on the right side by the pull of the energy field of the compass needle.

5



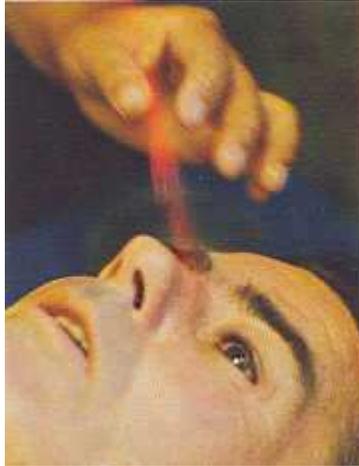
This picture was taken a few years ago at a Christmas party in Connecticut. There were many mediumistic people present so that the air was charged with psychic energy. Taken with a flash and an ordinary instamatic camera, it shows that the atmosphere at this party was literally filled with energy fields, even though they were invisible to those present.



This picture, taken in Florida, shows sun shining through jalousie windows. The ultraviolet wavelengths of sunlight are interacting with the energy fields around the small child in such a way that the effect is registered dramatically in the emulsions on the photographic film.



Taken in Germany, the emulsion on the photographic film shows the energy fields (the swirling white bands) generated in the presence of a very psychic small girl. Neither the father who took the picture, nor her mother had any awareness of these energies. The father thought he had wasted his film until I exclaimed in delight at his unique accomplishment in bringing these "invisible" fields into visibility.



While studying healers living in the rice fields of a northern part of the Philippines, I was fortunate to capture on film this red-orange blast of healing energy. Josefina Sisson is just starting to treat the eye of a patient who has come from the out-back area of Australia.

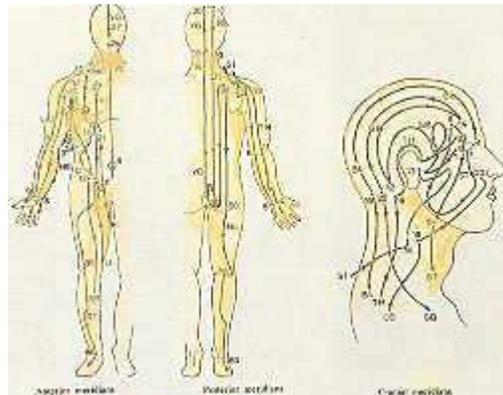
This momentary blast of healing energy was *invisible* to the members of the 5-man team of specialists I had taken with me but it was *detected* and recorded by the emulsions on the photographic film.



Here, Jose Mercado, another Filipino healer, is treating a woman patient from Alaska. Note the 3-dimensional ribbon of pulsating white light that was captured on the camera film. (It was not seen by any of the observers.)

In trying to understand what kind of magic is going on in these unusual pictures, it is helpful to consider two invisible energy systems of our body, about which modern medical science knows very little. As of now we cannot see or photograph these systems directly.

One system is known as the acupuncture meridians. It is almost as though the surface of our body has printed circuits like our TV sets.





Even though invisible, the reality of these acupuncture meridians has been known in China for more than 1900 years. I took this picture in 1979 in a museum in 500 Chow, China. The large bronze figure in the glass case has small holes drilled at specific points in the acupuncture meridians.

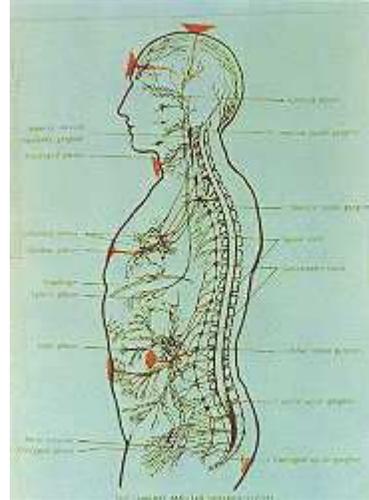
The professor of the medical school 200 years ago would coat the figure with a dark colored wax, fill the hollow casting with water and then challenge the medical students to insert the needle in a specific hole on one of the acupuncture meridians. If the student had placed the needle properly, upon its removal he would have a stream of water to confirm his accuracy.



Later, in a hospital in Nanking, China I had the opportunity to personally verify the reality of the acupuncture system by observing a series of operations in which acupuncture was used as the *only* anaesthetic.

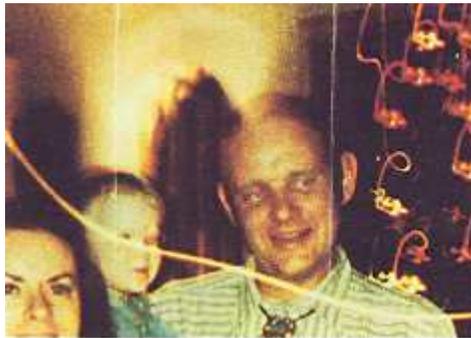


In this case, a middle-aged woman is being operated on for suspected cancer of the stomach. The only anaesthetic is provided by three small needles placed in the periphery of the ear and supplied with a pulsed 3-volt DC current. She was fully awake and could converse with us through the administrator of the hospital, who served as translator. She reported that she felt no pain.



The surgeon removed 60% of the stomach, but there would be very little post-operative pain or discomfort. If this had not been an operation on her stomach, she would be able to eat a full meal thirty minutes after the operation.

Further, if you are to understand the magic by which you will be living forever, you need to learn about the other invisible energy system which powers your body with *cosmic* energy. The chakra system, known to readers of esoteric literature, involves a series of brightly colored energy vortices at the points indicated above: the top of the head, the forehead, the throat, three places on the chest, solar plexus and the base of the spine.



This photo of a Miami, Florida couple and their small child is one of the first to bring into visibility the energy flow at the *chakra level*. Note the stream of light energy arching up from the child's crown chakra and curving back down toward the father's crown chakra.

Following years of travel and research on these subjects, I decided the time had come to set up my own facilities to explore these energy fields in a more scientifically controlled fashion. After months of painstaking effort, I produced two astonishing photographs in my laboratory.

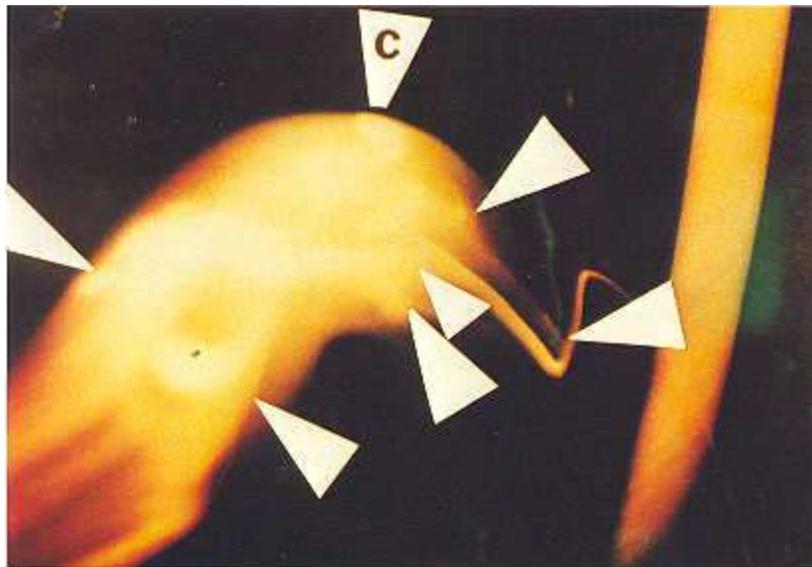
THE **MAGIC** OF LIVING FOREVER

Part # 3 of 5

(each about 130 KB in size)



Here is a perfectly ordinary chair in normal incandescent light - before I turn the lights off to perform my experiment.



In the photo above I am sitting on the chair you saw in the preceding picture. The room is dark as far as the eyes can tell, but the photographic film "sees" an *astral body!* (We will speak more about astral bodies later.)

If you look carefully you can see that within this energy field there are lighter colored areas which identify the crown chakra (C), the forehead chakra, the two streams of energy coming from the right and left hemispheres of the brain, the chakras in the torso, and at the base of the spine.

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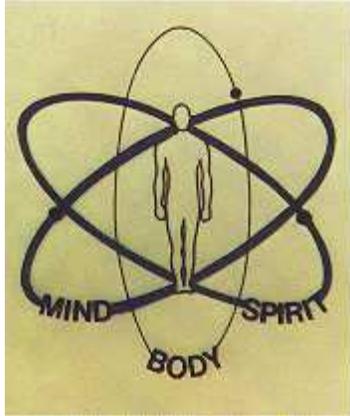
In the photo below, I am sitting on the chair you saw at the top of the preceding page. (My shirt is off because the air conditioner has failed and it is uncomfortably hot in my windowless lab.) The photo on this page and the *large* one on the preceding page were made from the *same* negative. However, the one below was printed in a way to bring into visibility still other items not normally visible. The chair back *should be invisible* as it is separated from the camera view by at least eight inches of flesh, bone and blood. My lower right leg has "disappeared" and you

can count the upholstery nailheads *behind* the missing knee. (We will comment on this matter of transparency later.) Please note the small white light above my crown chakra.*



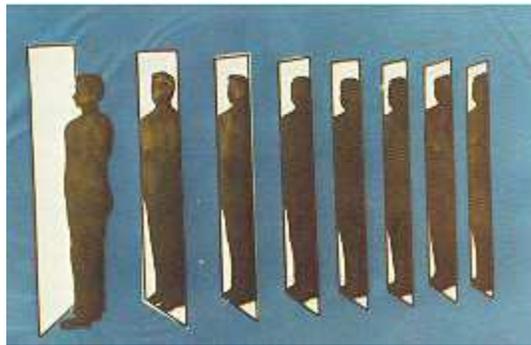
* If you are scientifically or photographically oriented, it is almost a mathematical certainty that you already have not one but several ideas for "explaining" the strange effects in these two photos! But consider these four points. First, I am not a photographic novice. I acquired my first 35 mm camera 55 years ago, and in the following half-century I have used practically every type camera and am familiar with all stages of the photographic process. Second, *all qualified critics* who have examined the photographic blowups have found no sign of fraud. Third, I had no *motive* to foul myself or any other person. Fourth, after prolonged effort to learn more about the parameters (which lie in part outside present scientific knowledge) I replicated the transparency effect under controlled conditions. (35 mm Minolta camera, Fiji 400 color print film, a source of light shorter than 400 and longer than 700 nanometers, and an 18A ratten filter.)

From the two preceding photographs you can begin to see that the physical body is *not* the solid mass you thought it was. Not only is it made up largely of water, which we know is highly transparent, but it is made up of almost empty space! Certain light waves passed through my "empty" body as easily as one can see through a window glass. In recent years through the advancement in our knowledge of physics, we have learned that the physical body is 99.99% empty space. All we need, to be able to see through it, is the necessary wavelength of light.



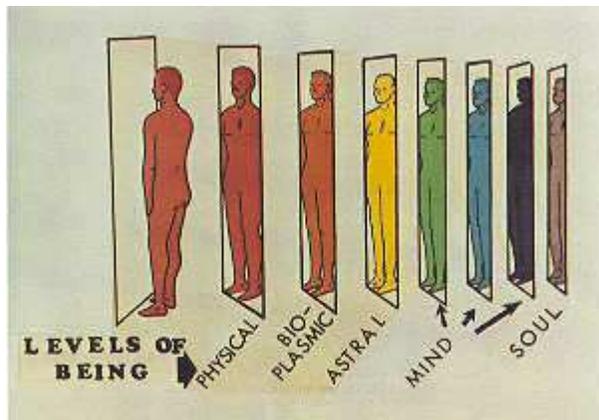
By now you know something about the invisible energy fields of which the body is composed. You can begin to see that the real "you" is mind and spirit and not your physical body. If you can comprehend that *both physical body and mind are almost entirely empty space*, then you can begin to understand the magic by which two things can occupy the same place at the *same* time.

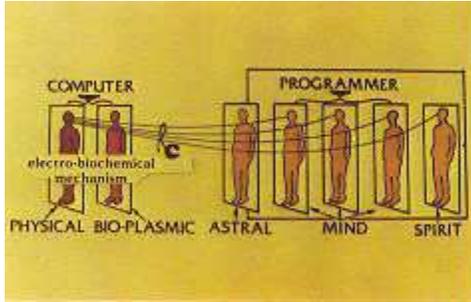
Now I am going to stretch your mind a little further and ask you to play a game with me. You will see how *seven* things can occupy the same place at the same time! All of us have had the experience of standing in front of a mirror as we try on a new dress or suit. When there is a mirror in front of us and one behind us, we often see what appears to be a whole series of images extending behind us.



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Let us assume that the first image we see represents our physical body; the next one represents our etheric (or as the Russians say, bioplasmic) body; the next the astral body; then three bodies representing the three levels of our mind; and finally our spirit or soul.



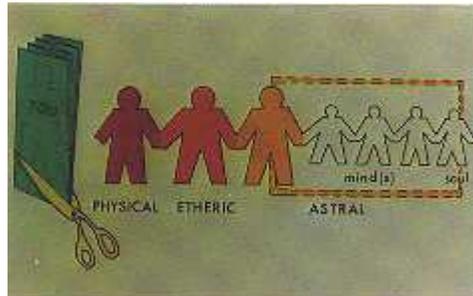


Let us now rearrange or regroup these bodies as indicated here. To the left we show our physical body and its interpenetrating etheric (or bio-plasmic) body. Let us call this electro-biochemical mechanism our "computer." Now, as we know, no computer is of any value whatsoever - not even the most expensive one devised by man - unless it has a *programmer*.

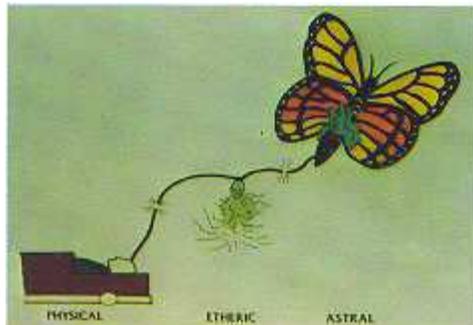
To the right we have pictured that bundle of energy fields we call our astral body, containing our three levels of mind and soul (or spirit). This actually serves as the *programmer* and is attached to the electro-biochemical mechanism through a "cord" in almost the same way that the umbilical cord connected us to our mother's body while we were afloat in the sea of salt water that you saw in an earlier illustration. While the cord in this case is invisible, it is as real as was the physical umbilical cord. As was reported 4,000 years ago in the Bible, wise men knew that when this cord was severed, as I have indicated at point C, then death of the physical body would take place.

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To develop this basic concept still further, let us use another analogy. When we were children, we experimented with cutting doll-like figures out of folded sheets of paper. In this case, as we extended the cut figures, we have the physical and etheric body to the left and then the astral body containing the three levels of mind and the soul.



By now it is easy to grasp the idea that the portion to the right, the astral body containing the levels of mind and soul, is, in effect, the butterfly which we referred to earlier. At the moment of death, your astral package (or butterfly, if you would like to visualize it that way) is freed from the physical body and, by the greatest of magic, *you are still very much alive*.



Now there may be some who are thinking, "Well, that all sounds like a very fine theory for why and how survival *can* take place. But what actual evidence is there that it *does* take place?"

I make no attempt in these few pages to present the full range of proof. You will be getting such evidence on the accompanying recording. Even more is reported in my book *After We Die, What Then?* in which the evidence is summarized under these headings:

- . Communications through Individual Mediumistic Persons
- . Deathbed, Near-Death, and Out-of-Body Experiences
- . Apparitions, Hauntings and Ghosts
- . Historical and Religious Writings
- . Obsession and Spirits

14

And there are several other categories of research that have provided evidence of survival:

"Spirit Doctors" came to our attention during the seven years we were gathering information in various parts of the world on the activities of persons called Healers. We were at first mystified when an uneducated Filipino, for example, would say that he got his information from his "Spirit Doctors." It would be quite sophisticated information about what was wrong with the patient and what treatment was required. We thought much of this was a figment of his imagination, but we gradually learned, and later reported in our book, *Healers and the Healing Process*, that this is a very definite reality.

"Spirit Photographs" is another area of evidence of survival. As in other types of spiritualistic practice, spirit photographs sometimes involve trickery. However, we have learned that it *is* possible for beings in spirit to physically modify photographic film to record pictures.

Here are four *valid* photos in which persons in the Spirit world impinge their likeness on the picture being taken of a living person. These *were* among the hundreds of such photos taken over a period of 40 years by my good friend Bertha Harris, one of the truly great English mediums. (Such pictures could be obtained only when Bertha's psychic energy fields *were* supplemented by those of a particular type of male medium, such as Willie Hope.)



"Materialization" is by all odds the most difficult aspect of survival evidence for us to accept with our rational mind. In 1972 I organized a team of British and American scientists to go to Brazil to try to capture on video tape or movie film, evidence of materialization. For various reasons we were not successful in the 2-week period which we could spend in Brazil, but I thought you might be interested in seeing these few photographs of what I consider a successful demonstration of the phenomenon of materialization, previously accomplished by a team

of 14 medical doctors, psychiatrists and lay persons in Sao Paulo, Brazil.

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THE **MAGIC** OF LIVING FOREVER

Part # 4 of 5

(each about 130 KB in size)



In the photo at the far left we see a medium whose hands are strapped together and whose legs are strapped to the chair, sitting in a cage made of ½-inch steel bars. In the other photo, taken after the medium had fallen into a deep trance, ectoplasm has started to issue from her left ear. (On close examination we see a cluster of small pearl-like balls forming at the edge of the ectoplasmic mass.)



In this photograph the ectoplasmic material has assembled into the figure of a nun whose arms reached out through the bars to take and hold the open Bible! The arrows indicate where the figure of the nun is starting to come *through* the iron bar cage! Of course you will remember that I told you earlier that all of our material world, including these iron bars, is 99.99% empty space. (And you will recall the photo in my laboratory which clearly showed the chair back *through* my body.)

Here the figure is completely materialized, and standing *outside* the cage. You can see such complete details as the crucifix, the seemingly woven texture of the garments, and (above the forehead) a pearl-like ornament which was one of the first bits of the figure to materialize as it passed from the medium's ear. This figure was identified as a sister of the medium, a Catholic nun who had died two years previously.

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"Reincarnation" is another area in which there is survival evidence. Although the *Western* world has a preponderance of people who *do not* believe in reincarnation, this group is a minority when one considers the total world population. Today there are considerably more than two billion people on the planet who *are* convinced of *the reality of reincarnation*. Incidentally, please note that nowhere in the New Testament is there a statement *against* the concept. In fact, some verses indicate that the *early* Christian church accepted the idea. In recent years, serious scientific studies in the United States, England and Brazil have brought forth some extremely interesting evidence of reincarnation which we will see later.

And at last science has begun to accumulate evidence for survival under the heading of ...

Conservation of Matter and Energy

also under the heading of ...

Space-Time Relationships

and finally under what to me is one of the most interesting areas ...

Electronic Communications with the Worlds of Spirit

In Germany today there are more than 1,000 people conducting serious research aimed at perfection of electronic equipment needed to converse with those who have left their physical bodies. In England, the United States, France, Sweden, Brazil, Italy, and Switzerland there are perhaps another 2,000 researchers working on this.

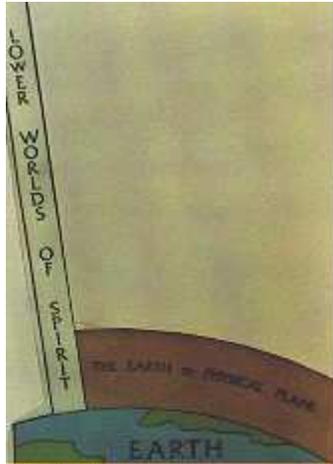
Until recently, that research would have been considered the absolute height of folly! But there is no longer any question about the ability of the dead to communicate with those of us still in our physical bodies-as you will learn in detail from the recording that accompanies this booklet. Such evidence of survival begins to provide the real "clincher"- *proof to end all doubt!* All that now remains is the task of refining the electronic system to the point that such communication is a day-to-day reality. When that day comes-most likely within the next *five* years-Man's relationship with Man and Man's relationship with his Creator will UNDERGO PROFOUND CHANGES.

At this point you are perhaps agreeing that there is considerable evidence for survival but you probably want to ask, "What actually happens to me when I take off in my new astral (butterfly) body? Where do I go?" You will recall that in the Bible, Jesus is quoted as saying His Father's house has many mansions. This poetic terminology, the only kind Jesus could use at that stage of Man's evolution, referred to the fact that there were *many different levels of being* in the worlds of Spirit. Amazing as it may seem, science has helped us to learn more about these many "mansions" in the last 100 years, and particularly in the last 25 years, than has been taught by all of Man's religions in all of recorded history.

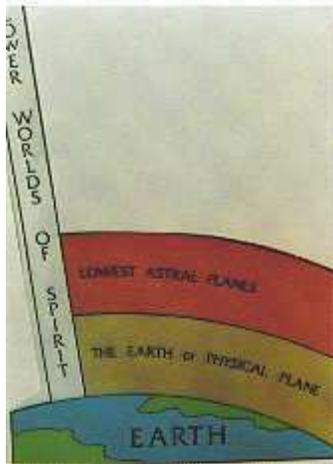


One of the most important insights we have obtained through science is that these worlds of Spirit are *not* out on some far distant planet or some other part of the universe. They are actually *right here*, interpenetrating this very world we live *in - this world of empty space*. There are hundreds, perhaps even thousands, of electronic messages and pictures via radio and TV zapping all around you and through your body at this very moment.

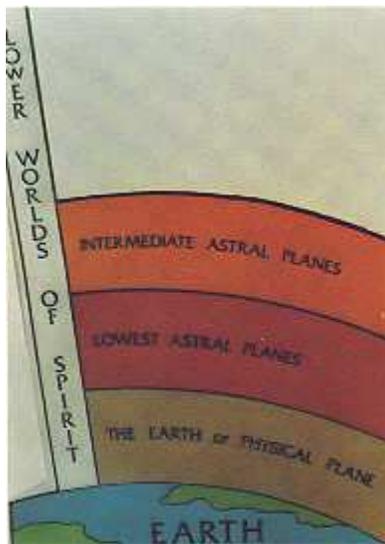
These other mansions, these other worlds of Spirit, are, for all practical purposes, *right here where we are*. But since that idea is as much of a mindbender as was the idea of our interpenetrating seven bodies, I have made a diagram (shown section by section in the next 6 pictures) to help you comprehend these interpenetrating worlds of Spirit.



The various levels of spirit world are represented as being placed *one on top of the other* and extending *upward* from the level on which we all now live in our *physical* bodies as well as in our *interpenetrating etheric and astral bodies*. Each of the worlds of Spirit, or levels of consciousness, if you want to think of them in that terminology, is of successively *higher rates of vibration*. There is literally an infinite number of these higher rates of vibration, but, purely for convenience purposes-and I stress that-*purely for convenience*, we have labeled these various levels as shown. (These levels are sometimes given *other* names by *other* researchers.)

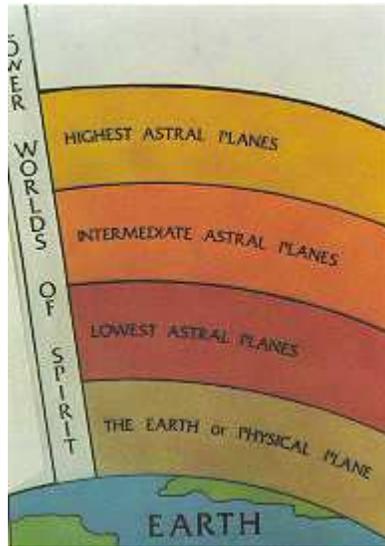


The level of consciousness which we call the Lower Astral Planes, is a dark, dismal, dangerous and often frightening world which the Bible describes as "outer darkness, weeping, wailing and gnashing of teeth." It is the habitat of greedy, self-centered, unloving, resentful persons. Often they have fierce bodily desires and lusts which they yearn to satisfy as if still on the earth plane. (It is also the abode of less desirable, shall we say "creatures" of non-human lines of evolution.) This level is traditionally referred to as hell, hades or purgatory.



The next level is called the Intermediate Astral Planes or Middle Astral Planes. Here the person awakes minutes, days or weeks after departing the physical body, or months, years or centuries after arrival on the Lowest Astral Planes. This is a truly fascinating place-the description sounds like science fiction! It is primarily a rest and rehabilitation area complete with hospitals and their staffs, institutions of learning and their teachers. Help is given to persons who had traumatic experiences and/or sudden death, and persons with inflexible or erroneous mental, emotional or religious beliefs. The body is still material but of a much finer substance at a higher vibratory rate. Its appearance accommodates each person's preference, usually that experienced in the prime of

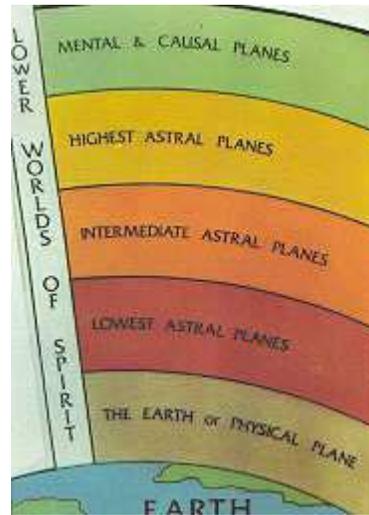
earth life.



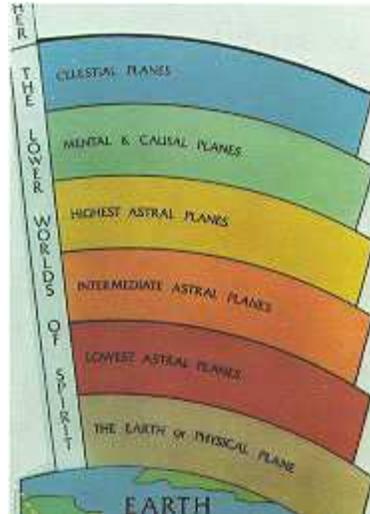
The Highest Astral Plane can generally be described as a wonderful realm of existence similar to what Christians call Heaven. The term used by Spiritualists for the last hundred years is "The Summerland." There is no pain or suffering. There are happy meetings with those for whom a bond of love is felt, or of groups formed of like-minded persons. There are unlimited opportunities, and encouragement for each soul to continue to grow in mental and spiritual consciousness. Interest in activities on planet earth decreases. Here there are the first encounters with angels-lovely and helpful beings of non-human evolution.

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The next level of consciousness could be called the Mental and Causal Planes. When you arrive on these levels of consciousness, you have *unlimited* scope for further development of your individual mind and soul. You begin to have access to all of the accumulated wisdom of the ages on the earth plane and throughout other parts of our solar system. Here there is no jealousy, no judgment, no selfishness. There is complete brotherhood. Most of man's inventions and scientific advances as well as poetry, inspired prose, art and music originate here and are passed down to receptive minds through a process we call intuition. In this way the intelligences on this level *cause* much of the good, beautiful and inspiring activity on the *lower* planes.



We refer to the next region as the Celestial Planes. The nature of these planes of consciousness (as well as the still higher Galactic, Universal and Cosmic levels) is largely beyond the comprehension of those now living on planet earth. Generally this could be considered the area where the Christian God is located, also Buddha and gods of other religious persuasions on the earth plane, as well as celestial beings who are generally referred to as Masters. Biblically this area is called the Third Heaven. (The large color diagram supplied with this booklet will help you to understand this plane-and the others-more fully.)



At this point you probably have many questions about the lives that are being lived out in these *interpenetrating* worlds of Spirit. Two years ago we presented the basic information to groups of varying age levels and solicited their questions. Selecting 52 of those most frequently asked, we wrote a section of *After We die, What Then?* giving specific replies. In the remainder of this booklet are few of these questions and abbreviated answers.

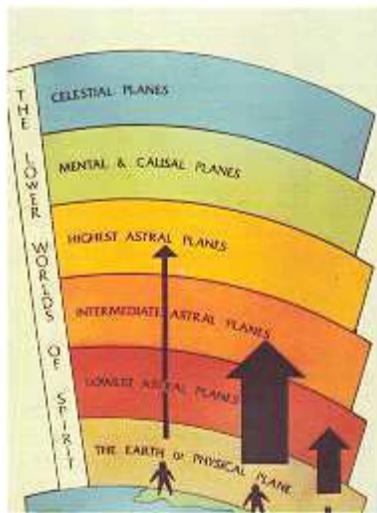
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But there is one factor which underlies *all* of the answers. All of us are *equal* when we walk through the door marked "Death and Rebirth" in so far as race, religion, sex and color are concerned. These factors have no real bearing on our movement upward through the worlds of Spirit.



This was one of the interesting questions: "There are many types of people alive today in what you have called the physical or earth plane. Let us assume that you are right when you say each person will shed his caterpillar-like body and start flitting around like a butterfly on some other level of existence. What I want to know is, on what level am I likely to find myself?"

Well, not knowing you I cannot answer this. However, *you* can look at the photo and then look at yourself.



The narrow arrow at the left of the diagram refers to individuals who have made more than average progress in this or past lives and whose souls have evolved to the point where they are just naturally living their present lives in harmony with some characteristics which we will present in a following paragraph. If you are in this group you will probably find yourself in what we call the Highest Astral Planes. The big arrow in the middle relates to average kind-hearted, considerate, well-meaning and hard-working adults, and most infants and children, with likely arrival on what we call Intermediate Astral Planes. The arrow at the lower right as this illustration appears in *After We Die, What Then?* is marked F, indicating failure to achieve true purpose in the life just lived.

This smaller group is made up of greedy, cruel, selfish, materialistic, highly egotistic and unloving persons, including, for example, rapists, drug addicts, alcoholics, suicides, murderers, hardened criminals and despots.

Now let us consider another question: "What *can* or *should* I do to make certain that I am on a path which will by-pass that dark and dismal level of existence you have called the Lower Astral?"



Perhaps the most helpful thing I can do is share information which has come from wise old souls who have already traveled much further along life's highway than I have. That is, persons who are currently dwelling on what we call Mental and Causal Planes. The information which they supply is summarized in this photo which points to the *proven path for individual self development*. Do these admonitions sound familiar? They certainly do! They are basically a summary of points first presented 2500 years ago in the 8-fold path of Buddha, and 500 years later in the Sermon on the Mount by Jesus. Our communicators from the Mental and Causal Planes tell us that this is the *only* time-proven, safe, sure, quick and enjoyable route for each soul to travel now and through out the coming centuries.



Another question relates to the same general subject. One of our early listeners said, "I am miserable and unhappy. Will everything be better after I die?"

Sorry, the answer is no. When you someday cast off your physical body; the real you, (your mind, memory banks, personality and soul) will be precisely what you were before you left the physical body. *If* you are miserable and unhappy *before* you make the transition, you will be miserable and unhappy in your new surroundings. *Today*, I repeat, *today* is the first day of the rest of your life. This is the day to start building into your life and actions many of the attributes listed in this diagram. Thus, you then enjoy this present life and assure yourself of an exciting adventure *in the centuries ahead*.

Now let us consider the controversial subject of reincarnation. Some of you may feel as Leroy does in this cartoon.



Perhaps I should put my personal experience on record. I grew up in a strictly orthodox mid-western Christian Protestant denomination. During the decades of study, searching and world travel, I continued to reject the concept of reincarnation. Not until I was well past the age of 60 had I

assembled sufficient knowledge to change my views. Not until I had logged hundreds of hours of voice contact with beings *now actually alive in the worlds of Spirit*, did I find the evidence overwhelming and convincing. Only then did my conscious mind accept the evidence so that I could be comfortable with the concept of reincarnation and become *personally* convinced of its reality.

Let me hasten to say that reincarnation is a *very* complex subject. Many of my fellow researchers and I feel that at this point Man has not reached a position of understanding sufficient to comprehend many ramifications of the subject. We are equally convinced that much of the material that appears today under the heading of "past lives" is just plain unadulterated nonsense! To put it a little more politely, such "readings" are evidence of the fantastic dream-making capability of certain levels of individual human consciousness. In my personal research I have had a total of 8 "past lives" readings in 7 years by supposed "experts" in the U.S. and England. There is not the slightest shred of correlation between any two of the readings! And I wish to mention another conclusion. I am convinced that "karma" is not only a little understood term, but it is being used by reincarnationists as a handy excuse or justification for all kinds of questionable actions in day-to-day living.

Due to the complexity of the subject of reincarnation, we (in the larger book) have devoted 9 of the 52 questions and answers to it. But this next illustration, the comments I will now make, and the large diagram included in this packet will give you much sound information.

We might call this diagram, "The Original Recycling Plant." In recent years as the world's raw materials have become scarce and high in price, there has been a trend to ward recycling. In the past we sent vast quantities of material to the dump or incinerator. Today we have started to reclaim some items. We carefully gather beer and soda cans and sell them back to the mill. At the recycling plant they are melted and molded into ingots. Similar recycling plants are set up for newspapers, shipping cartons and many other useful and increasingly valuable materials. Has it not occurred to you that if *death* is the *end* of us, our Creator's plan is a very wasteful one? What, in all the world, is more precious than your *very own soul*? Stop for a moment and think about it. Do you have any material item which is any more valuable than your own self, your soul? Does it make any sense to think that an all-wise Creator is going to send your precious soul to the dump, the graveyard of your dreams, the incinerator? Science, in this century, has shown that energy *cannot* be destroyed-that it can only be *changed* from one state of vibration to another. What could be more logical than the recycling of your soul?



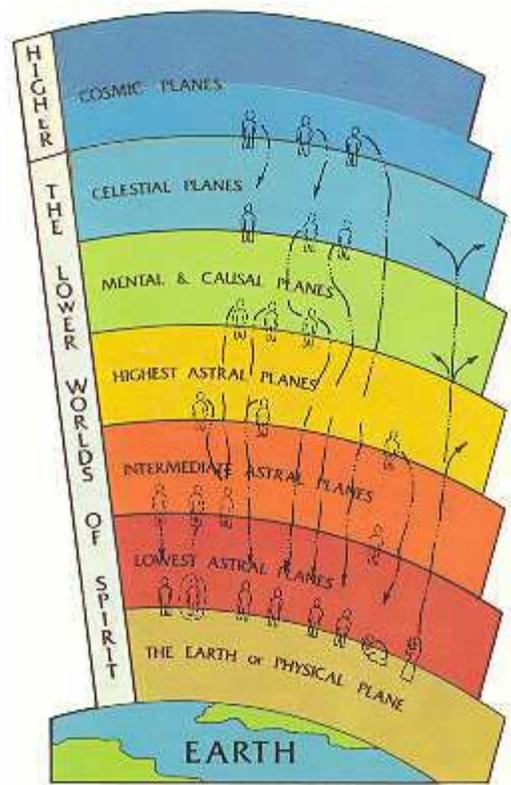
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[If you find the foregoing material on reincarnation objectionable, that is perfectly OK. Your belief or disbelief regarding this, or *any other subject* will not prevent you from living forever! When you someday reside on a Higher Astral Plane, you will have opportunities to learn more about the subject and enlarge your perspective.]

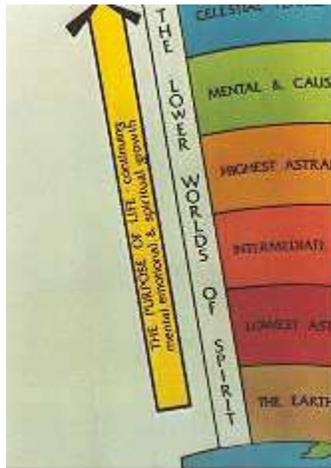
Let us sample just one more of the 52 questions: "Is there any factual basis for the idea that the spirit of a dead person can intrude into the

mind of a living person and adversely affect that person's behavior?" Indeed so, even though modern psychiatry has laughed at this concept. For those of us who were open-minded enough to do serious research into the matter, it quickly became clear that there is a solid basis for the age-old idea of spirit or demon possession. Perhaps the best piece of research on this subject is presented in Dr. Carl Wickland's book, *Thirty Years Among the Dead*. (If you have any interest in the subject of possession it is my opinion that his book is "must" reading.)

This illustration will help in understanding how possession is possible. Consider this example: a person misguided enough to think he had ended it all by committing suicide, instead finds himself automatically in the dark dismal place we referred to as the Lower Astral Planes. Now remember that this plane, as do all other planes of spirit, interpenetrates our physical everyday world. The suicide in his astral energy-field "body" might, as we say, "bump into" the energy fields of some living person who is physically, mentally, or emotionally depressed, and merge his field with the energy field of that living person. (See lower left corner.) This is not as far-fetched as it may sound. There is considerable evidence that perhaps as many as 25% of the occupants of our mental institutions are the victims of somewhat similar occurrences, even though modern psychiatry is unaware of the fact. Space does not permit presentation of other examples, but the concept



reflected in this diagram answers literally dozens of additional questions relating to the subjects of meditation, prayers for the deceased, spirit communications, spiritual enlightenment, etc.



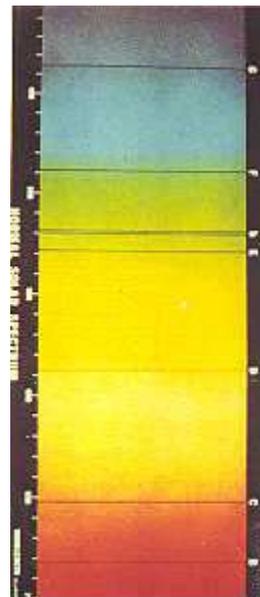
In closing, I call your attention to the vertical yellow arrow with the words, "The Purpose of Life: Continuing Mental, Emotional and Spiritual Growth."

Literally, the sky is the limit. With the help of insights provided by the material in this booklet, you can clearly understand why you must stop thinking of yourself as a body with a soul. You must *always* think of yourself as a soul *only temporarily* occupying a physical body. The opportunity for the soul to continue to grow mentally, emotionally and spiritually, is unlimited.

YOU HAVE ENDLESS AND EXCITING HORIZONS IN ALL THE CENTURIES AHEAD.



Now, if our friend Snoopy has been following along, it is my hope that he is expressing himself as indicated here!



I hope that from now on when you see a rainbow you will be reminded that it is seven colors of light energy in vibration. The lower wavelengths of light, the red, relate to our physical lives and the levels of the lowest astral realms.

As we continue to grow in consciousness

ss by
further
developing
mentally,
emotionally
and
spiritually;
we are
figuratively
"climbing
the
rainbow."

I hope that you, like Snoopy, now have a better understanding of



If well applied, the information you have learned from this booklet will be of great value for your future, both here on earth in your physical body, and in the hereafter in your astral or spiritual body.

I have touched on so many mind-stretching concepts of importance for your future that you probably want to explore some of them at greater length. The book *After We Die, What Then?* on which this booklet is in part based, will add greatly to your knowledge.

The book gives straightforward answers to 52 questions, many of which have probably risen in your mind regarding the next phase of *your* life. It will explain in more detail the big color diagram which accompanies this booklet. You can obtain a copy by using the order form in the accompanying book catalogue.*

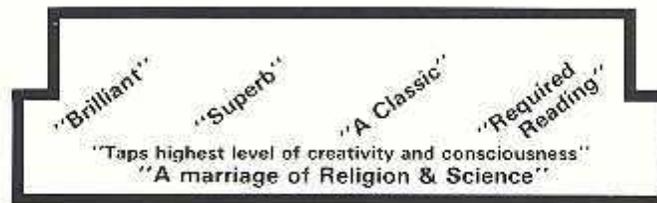
Yes, there *is* a funeral at the end of the present road. But now you understand the seeming magic by which soul and mind, memory banks and personality will be very much alive.

You can now understand that you can't "cop out" by the suicide route. You can't be destroyed even by an atomic holocaust. There is just no way you can terminate the wonderful, total being that is YOU.

YOU are going to be living forever.

* Another book listed therein, *As We See It From Here* by the Holmes Research Team, goes an important step further. It provides perspectives which can only be obtained by those who have already walked through the door we call death and now want to share their findings with those of us who are still occupants of the earth plane.

AN EARLIER VERSION OF MATERIAL IN THIS BOOK
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The End